

FINANCIAL ABUNDANCE



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Foreword

Financial abundance is something that all people wish to have. It is true that wealth, by itself, cannot create happiness. However, having a financial abundance will surely make things more relaxed in your life and a much less stressful.

If you want to learn the tips and tricks that are useful for obtaining a financial abundance, you are reading the right book! These are advanced methods however, so it is important to read carefully and make sure that you retain all information that has been provided.

Keep in mind, the process of creating a financial abundance can be quite exhausting, but if you approach this task with the right set of tools, you will be sure to succeed.

Financial Abundance

Chapter 1:

Abundance Basics

Synopsis

Before you begin your journey of creating an abundance of wealth for yourself, it is crucial that you are aware of the basics and fully understand them. In a way it is like when a child starts school, if they were to skip kindergarten and first grade they would likely be lost when it came to the more advanced work. Beginning with the basics is important because the basics serve as your foundation. Every strong structure has a strong foundation, so if you want to be a strong individual you must start with a strong foundation.

The following chapter will provide you with some information on the basics of advanced abundance and will serve as your guide while you head down the path of success and wealth.

The Basics

As mentioned before, when trying to better your future and create a financial abundance for yourself, you must start with the basics. The following are some examples of the key basics you will need in order to meet your desired goals.

Examine yourself:

When you are trying to build a financial abundance it is very important that you examine yourself. I do not mean that you should examine your looks, what I am saying is that you need to analyze your personality traits. You also need to think about what things you are good at as well as the things you can improve on. It is also very important that you examine your attitude towards the world and the vibe you project to others. Also, it is important to know your mental and emotional state. Although all of this may not seem related to the subject of financial abundance, it is. For example, having a negative outlook on life and projecting a negative vibe to the world can push people away from you which can in turn close doors and opportunities for you. Another example could be if a person is in a negative emotional state. While this individual is in this state they will surely hinder their own success with thoughts of self-doubt and low self-worth. One of the most important steps to obtaining a financial abundance is to view yourself as valuable.

Stop Negative Thinking:

Another important basic you will need in order to obtain success and a financial abundance is to stop your negative thought processes. Ask

yourself, do you really think making negative comments about yourself or your circumstances is going to make things better? It is important to always think positively as this will bring good things into your life. If you constantly sit around and think that something is too hard to do, in the end you will mentally trick yourself into believing this. On the contrary, if you tell yourself that a task will be easy to tackle, it will likely not present a challenge for you.

Know the Meaning of True Financial Abundance:

Many people have the common thinking error that financial abundance simply means having a lot of money. This is not the case! If you wish to have true financial abundance you need to understand that it does not stop at just having a lot of money. True financial abundance means having responsibility, working hard, sacrifices, and in some cases blood, sweat, and tears. You need to understand that without proper discipline, even if you do one day possess an abundance of finances, you will surely lose it.

Understand That Wealth by Itself Will not Create Happiness:

A common thinking error that many people make is to think that money itself means happiness. This is not true, and it is important for you to know that in some people's situations money actually created more stress and unhappiness in their lives. To be truly successful and feel content in life you will need more than just a financial abundance. You will need a well-rounded set of skills, healthy relationships, strong social standings, and a positive outlook if you want to be truly happy while obtaining a financial abundance.

Chapter 2:

Decide How Much You Need

Synopsis

It is important in life for a person to know exactly what it is that they wish to obtain or exactly what goals they would like to accomplish. The same goes for obtaining an abundance of finances. If you wander down the path of success blind and without aim you are sure to get lost. That is why it is important to have specific goals in place that will act as your guide while you take the journey towards success.

Before you make any decisions on exactly how much you need, it is advised that you read the following chapter because it contains valuable information that will greatly help you. Keep in mind, it is important to determine how much you need rather than how much you want.

Determine How Much You Need

When you are making a plan for financial success, it is important that you determine exactly how much finances you need to be pulling in. I do not mean a general ball park figure, I mean an exact number.

You can figure this number out by listing down all of your expenses as well as giving yourself some breathing room for unexpected situations that may occur. You need to picture yourself in the future, what do you see?

In order for you to accomplish what you see in this vision, it is important that you set financial goals because they will serve as your motivators. You may want to start with smaller goals as this will help you build your self-confidence in the long run and this will make the harder goals much easier.

Add Up The Bills:

The first and probably most important step to creating a financial abundance is to figure out what your monthly expenses are. It will be impossible to build wealth if you are spending more money on expenses than you are bringing in. No matter if you are a manager for a business or are self-employed, all expenses need to be accounted for, down to the paper clips and staples. This will help you determine if your current set of circumstances will benefit or hinder your journey to financial abundance.

Are You Earning Enough?

One question that you are going to ask yourself, whether you want to hear the answer or not, is am I making enough money? Although it may be hard, if you are not making enough money, you may have to give some things up

in life for a short period of time. Even those who are not in financial strain should look over their daily lives and think of the things that they do not really need. You will be surprised by how much of a difference you can make by choosing to buy a 99 cent coffee in the morning rather than a \$5.99 Starbucks coffee. If you analyze your current set of financial circumstances and come to the realization that you are not making enough money, it is definitely time to do something about it!

What Do You Need The Finances for?

Another important question you must ask yourself is, what do I plan on doing with my finances. Having a plan for what you will use your finances for will motivate you as well as set guidelines for what you purchase.

For instance, if you know that you have important business expenses coming up or maybe even a vacation to Hawaii, you will be more likely to be responsible with your spending which will lead to you creating a financial abundance. It is also very important to prioritize. You must take care of life's essentials before worrying about having extravagant things like jet skis and sports cars.

It is also advised that you create a spreadsheet or some other type of visual reference to track your expenses and earnings. It is easy to forget about something that you cannot see so it is important that you keep this spreadsheet in a location where you will see it multiple times throughout the day.

The process of determining how much cash you need should not be taken lightly or rushed. It is a very serious step in the process of creating a

financial abundance. Keep in mind the tips from this chapter and begin practicing these methods and you should start to see improvements in no time.

Chapter 3:

What Do You Need To Bring Wealth

Synopsis

You may be asking yourself, what exactly do I need in order to obtain wealth. The answer to this question varies from person to person. The answer will depend first on what you as an individual sees as wealth and then on the individual circumstances of your life. For example, if you were born into a rich family, chances are that you are looking for more money but rather a wealth of happiness or love. On the other hand, if you are like most of us who scrape by check to check, then your idea of more wealth would likely be more money. In the process of deciding what you need in order to gain wealth it is very important to determine what you define wealth as.

What Will You Need?

There are various different things that can help a person obtain a financial abundance. Some of these may have to do with the persons mentality or attitude while others may have to do with surroundings and physical objects. The most important things you will need come from yourself though. This is good news because you will not have to spend money to utilize them. A few examples of the things inside yourself that you need to bring forward are:

Determination:

Many people will list determination as one of their skills but when it comes down to hard times they usually do not see the problem all the way through. They may find the easy way out or give up completely, either way the task does not get completed correctly. These are not traits of a person who is determined to do something. Someone who is truly determined will fight to get what they desire, no matter how hard it is, no matter how tired they are, and no matter what others say. This is why people with this trait tend to excel from the rest. They do not let challenges stand in the way of their dreams and goals and they couldn't really care less about what others have to say about their aspirations. If you truly want to build a financial abundance, strengthening your determination is a great place to start

Will Power:

Will power is very important when it comes to any type of financial situation. You must have the power within yourself to avoid life's daily

temptations. This will be easier if you constantly keep in mind the goal you are working towards which would be building a financial abundance.

Responsibility:

When it comes down to it, no one is responsible for your life besides you. If you are not happy with the set of circumstance you are currently dealing with, you are the only one who can change it. Do not blame others for not having the fortune that you feel you deserve because this will slow the entire process of building your financial abundance. Those who look at problems and take responsibility for them see the light at the end of the tunnel because they are able to see solutions instead of someone else to blame.

There are many other personal traits that you can strengthen and apply to aid you on your journey to financial wealth but now we will begin to focus on other types of things that will help you build a financial abundance.

Personal Accountants:

Personal accountant can be very useful. Their purpose is to track all of your expenses and earnings. They can also be asked for expert advice about how you can further enlarge your earning potential. Personal accountants can also serve as a safety net when making purchases because you can ask them if the purchase fits your goals for your finances as well as your current financial situation.

Stock Brokers:

Stocks can be a quick and exciting way of making large amounts of cash. However, in order to make money in the stocks you must first spend

money. There are dangers that come with the stock market. There is no guarantee that you will make a profit or that you will even make your money back, Don't be frightened, there are measures you can take to better your chances of being successful in the stock market. The first safety measure would of course be to do extensive research on any product before you invest in it. Do not fall for pitches because they are designed to sell the product to you. Instead do your own research and make your own decisions. Another safety measure that can help you a lot is a stock broker. Stock brokers spend their entire working day trading stocks and offering advice to their clients. When it comes to experience, a stock broker is hard to beat. Also, they will most likely know tips and tricks that the general public is not even aware of.

Spreadsheets/Visible Graphs:

As mentioned before, spreadsheets can be an excellent way of managing finances. One advantage for choosing this method is the fact that you do not have to pay someone else to track your finances like a personal accountant. You need to be aware of the fact that keeping track of all of your expenses and financial goals is not a quick and easy process. Once this spreadsheet is completed it should be put in a place where you will see it many times during the day. Doing this will help you realize how much money you are spending, how long it will take you to reach your goal of financial abundance, and it will show you any unnecessary spending that you are doing. For example, you may be thinking of purchasing a set or rims for

your car or maybe a new leather jacket, but when you see your spreadsheet you will remember that you are trying to control your spending and that those things are not actually necessary.

Family/Friend Support:

Most challenges in life are made much easier with the support of family and friends. The challenge of building a financial abundance is no different.

Your family and friends can help you to stay on track and remain motivated. They can also offer an outside view of your situation and offer valuable insight that you may not have thought of on your own. Your family and friends will be more likely to hold you accountable when you do not stick to your financial goals than you will for yourself. As well, keep in mind that part of the reason you are trying to build a financial abundance is for your loved ones as this will surely motivate you.

Be an Apprentice:

Taking advice from others should never be thought of as weakness, especially when the advice is coming from a person who has been through the challenges that you are experiencing and knows the answers on how to pull through. Whenever you have the opportunity you must make social connections with people who can help you on your quest to building a financial abundance. Once you have developed a relationship with these people you may ask them to have meetings with you, at their convenience, to discuss ways to further progress your financial gain. Make sure to always show appreciation to these people because their time is quite valuable. Also, make sure not to ask too many questions or make yourself seem clueless with the topic because this might make them feel as if you will require too

much time to help. Make yourself seem well informed and knowledgeable on the subject, show great amounts of interest, and do not let them down. Once you start to apply the lessons that you learn it is acceptable to inform them of your success because they would surely like to know about it. It is important to pay it forward with this method. What this basically means is that you need to take the opportunity to help someone else in need since you needed the same assistance in the past.

Chapter 4:

Combine Experiences and Emotions

Synopsis

When trying to build a financial abundance it is important to incorporate your life experiences and emotions into your thinking. Life experiences and emotions play a large role in the overall success of your life so it is important to understand them and pay close attention to them. Many people do not realize how important these two factors really are, they feel as if they come with success instead of the fact that they draw success in. We will go over how emotions and experiences can help you on your journey to building a financial abundance in the following chapter.

Emotions and Experiences

As stated before in this book, emotions play a huge role in your life and the success that you will experience. If you are constantly upset or irritable you will put off vibes to others that you are not approachable. If you put off these types of vibes you will surely close many doors to many different opportunities. In turn, you will likely miss out on those opportunities in life that would have led to great wealth and an abundance of finances. The sad thing is, once you miss these opportunities in life they often do not present themselves again in the future. It can be thought of as a hit or miss situation. Being irritable is not the only emotion that can affect your success. For example, if you are constantly depressed others may find it hard to be around you or may feel that you have far too much going on to handle anything else in your life. This will also likely lead to closed doors and loss of opportunities. However, if you are always upbeat and keep a smile on your face, others will see you as easy going and will likely not mind being around you. This is beneficial because the more people you know, the more opportunities you have.

If negative emotions do not cause others to close your doors of opportunity, you will surely do it yourself. Being filled with negative feelings on a constant basis will begin to make a person feel negatively about themselves. It will likely fill them with doubt and a lack of self-worth and that is the last thing you want while trying to build a financial abundance. You need to feel as if your life has worth if you are ever going to add any value to it.

Life experiences play a role in success in a different way. Unlike emotions which happen in the moment, experiences are from the past. Life

experiences can make a person very knowledgeable and teach them the easier ways to do things in life. Do not think that every person who is wealthy started there. Most were just like you, an average person who is trying to learn the ropes and make a name for themselves. Just like you, they surely have made some mistakes, some bigger than yours. The fact that they learned from their life experiences is what drove them to success and wealth. When times get tough in life you can look back to other feats you have accomplished, other times you have succeeded, and how nothing is impossible.

It is important not to use life experiences in a negative way. You do not want to think of bad things in the past and assume that everything in your life will turn out that way. However, it is good to look at situations and think about where you could have made different decisions because this will help you to make better decisions in the long run. Do not ignore the past; use it in a positive way.

Your attitude, emotions, and experiences play a huge role in the way your life turns out. Whether you establish wealth or end up living in a box, these three things played a big part in it. You must do your best to keep a positive attitude and remain happy. Take all experiences in life as good ones, even if they seem bad at the time they will provide you with knowledge for the future.

Chapter 5:

Use Imagery

Synopsis

Positive imagery is a very powerful tool and sadly many people are not aware of the benefits it has to offer. You can change many things in your life by simply using positive imagery. It may seem unbelievable that such a simple process can be so effective, but do not underestimate the power of visualization. If you do not know much about the power of imagery, the next chapter will be very beneficial for you because it is all about imagery.

Positive imagery can offer many benefits to a person's life. An added bonus that comes with positive imagery is the fact that it is completely free.

Power of Imagery

As well, you can practice your positive imagery at any time at any place. If you are not sure about exactly how to utilize positive imagery, the following information will be very helpful for you.

Picture the Future:

The first thing that you should do when using positive imagery is find a quiet place where you can be alone. This is important because you need to avoid distractions. Once you are alone you need to take some deep breaths to relax yourself. Once relaxed, close your eyes and begin thinking of happy thoughts. A good place to start is to imagine your future. In this image you should picture yourself accomplishing your goals. Imagine that you have an abundance of finances and that all of your financial strains have been resolved. Picture that you are able to buy that special gift for yourself that you have been saving up for or try imaging yourself on a vacation that you have been wanting to take.

The hardest part of using positive imagery is blocking out all negative thoughts that try to enter your mind during the process. Thinking about any negative things will completely ruin the process of positive imagery and make it completely worthless.

Using positive imagery can be thought of as a form of meditation. The two have a great deal in common. This should be viewed as proof of its effectiveness as people have been practicing the art of meditation for quite some time. All it takes is practice; remember you will not be a pro at positive imagery when you first begin doing it.

Chapter 6:

Transform Your Surroundings

Synopsis

Your surroundings play a large role in the way your daily life goes. I mean more than just objects when I say surroundings. Your surroundings can include people you choose to associate with, places you like to hang out, where you choose to live, and how you decide to decorate your office or home.

Since your surroundings play such a large role in your life, it is important to make sure that you surround yourself with positive things. This is especially important while trying to build a financial abundance. The following chapter will give you some tips on how to do this.

Choose Your Surroundings Carefully

Carefully choosing your surroundings can make building a financial abundance much more simple than it seems. As mentioned before, everything in your life is a result of your surroundings. Therefore, if you have friends who like to engage in negative behaviors, you will likely have negative consequences that take place in your life. On the other hand, if you hang out with people who are constantly helping others, you will likely be granted positive affects in your life. Look over all of your surroundings and ask yourself, are these surroundings going to aid or hinder me on my journey to building a financial abundance? If the answer is that your surroundings are going to slow your progress you should make some changes. Here are a few areas you may want to consider change:

Clutter:

Your surroundings should always be kept neat and clean, especially at your work place. Clutter in an environment can cause an individual to become stressed over time. Humans naturally like their environment to be clean, so when it is not it causes a person to be uneasy or irritable. You may want to find a new way of organizing things so that things are easier to put away. Another thing that might help is to rearrange the room to create more space.

Noise:

You need to cut excess noise out of your surroundings. This may not always be possible, but when it is take advantage of it.

Use Inspirational Pictures:

Using inspirational pictures can be quite helpful. Try hanging a few of them around your house in places where they will be seen often. Make sure to find ones with a motivational message that is geared towards building a financial abundance.

Surround Yourself With Positive People:

The hardest part of this may be letting go of old friends. Although it may be a daunting task, it must be done! As stated before, negative people bring negative outcomes, it is best to keep negative people out of your life.

Where You Should Hang Out:

You want to find a place to socialize where the people there are successful. This will present you with opportunities to meet new people with positive lifestyles. It will also open new opportunities by means of creating new contacts for you or new ways to build a financial abundance. Basically, stay away from cheap bars and pool halls!

Chapter 7:

Use Affirmations

Synopsis

Affirmations can be very useful when facing tough situations. That is why they should be used while you are trying to build a financial abundance. It may feel weird saying affirmations to yourself but it will surely help. If you are unsure what an affirmation is or are not sure of how to properly perform an affirmation, the next chapter is meant for you.

Affirmations

For those who do not know what an affirmation is, an affirmation is a set of positive statements you say toward yourself in order to build your level of self-confidence and self-worth. One of the great things about affirmations is that you do not have to count on someone else to receive them and you do not have to pay for them. It is important for people to understand that simply saying an affirmation is not enough if you want to see real results. A person making an affirmation must find a way to make themselves believe the statement. Keep in mind; this is something that gets easier over time, the more and more you do it the easier it will become. This is especially true for those who already have damaged self-esteem since it will be harder for them to accept compliments at the beginning.

Many people may feel awkward while doing an affirmation properly, but it is important that you do it correctly if you want it to work. You need to be in a quiet area, preferably with a mirror. Stand in front of the mirror and look yourself deep in the eyes. While looking yourself in the eyes you need to tell yourself that you are a good person, you will be successful, people like you, you are loved, and you will build a financial abundance. You are free to add in your own affirmations as those were just examples. You need to use affirmations that are related to your current goals.

You may also want to try hanging written affirmations in areas where they will be seen numerous times throughout the day. These affirmations should be pretty close to those that you speak out loud each day. This will further enforce the affirmations and make them more powerful and effective. All

you have to do is write on a piece of paper a statement like, "I am successful, I will obtain a financial abundance."

You will likely be surprised by how effective this simple and cost-free method for reaching success can be as many others have been.

Wrapping Up

Gaining all the financial abundances you will ever need is possible if you have the right game plan in place to tackle the task. Just be sure to use all of the knowledge you have gained from this book and make sure to implement some of the tips you have learned into your strategy. The power is within yourself and if you want to be truly successful and build an abundance of finances you are the only one that can do it for yourself. Today's life can be described as a dog eat dog world meaning every man for himself, nobody out there is going to look out for you except for you. So stop sitting around thinking about how you wish your financial situation was better and do something about it!